



WINGS

6 WINGS WITH FRIES 10.99

MAAMBO, PLAIN, HONEY CHIPOTLE, BBQ, GARLIC BUFFALO STYLE WINGS
ADD WING \$1.00 PER WING

6 WINGS WITH MAC & CHEESE 12.99

M&M's Famous MAAMBO WINGS WITH BAKED MAC & CHEESE ...
MAAMBO, PLAIN, HONEY CHIPOTLE, BBQ, GARLIC BUFFALO
ADD WING \$1.00N PER WING

CHICKEN SANDWICH WITH FRIES 8.99

lettuce, tomatoes, pickle, special sauce
ADD SLICE CHEESE \$.50

3 CHICKEN TENDERS WITH FRIES 8.99

Three Crispy Fried Tenders with Fries.
Maambo, BBQ, HONEY CHIPOTLE, BUFFALO
SUBSTITUTE MAC & CHEESE \$2.00 EXTRA

2PC CHICKEN BOX 6.99

LEG & THIGH WITH FRIES SUBSTITUTE MAC & CHEESE \$2.00 EXTRA

SEAFOOD

FISH & CHIPS 8.99

FRIED FILET OF SWAI WITH FRIES
EXTRA PC FISH \$3.99 EACH

8PC FRIED SHRIMP WITH FRIES 10.99

8PCS JUMBO FRIED SHRIMP WITH FRIES
EXTRA SHRIMP \$1.00 EACH PC

SEAFOOD COMBO 15.99

1PC FRIED FILET FISH & 6PCS FRIED JUMBO SHRIMP FRIES
EACH EXTRA PC FISH \$3.99 SHRIMP \$1.00 EACH

STEAMED/GRILLED FISH & VEGETABLES 12.99

1 PC STEAMED/GRILLED FILET OF SWAI WITH THE DAYS VEGETABLE.
EXTRA PC FISH \$3.99 EACH

STEAMED/GRILLED SHRIMP & VEG 14.99

8PCS OF STEAMED/GRILLED SHRIMP & VEG
EACH EXTRA PC SHRIMP \$1.00 EACH

STEAMED/GRILLED SEAFOOD COMBO 17.99

1PC STEAMED/GRILLED FILET FISH & 6PCS STEAMED/GRILLED JUMBO SHRIMP & DAYS VEG AND SALAD.
EACH EXTRA PC FISH \$3.99 SHRIMP \$1.00 EACH

ENTREES

MONDAY AND WEDNESDAY 12.99

BROWN STEW CHICKEN W/ 2 SIDES

TUESDAY AND THURSDAY Oxtail 18.99/CC12.99

OXTAIL/ CURRY CHICKEN W/2SIDES

MAC & CHEESE SIDE ADD \$3.00

SOUL FOOD FRIDAY RIBS 15.99/CHX 12.99

BBQ/FRIED RIBS/ JERK CHICKEN/BBQ CHICKEN
WITH 2 SIDES

EXTRA PC RIB \$2.99 CHICKEN \$1.99

SEAFOOD SATURDAY MKT PRICE

SNACK BOWL

2 CRABS, 3 JUMBO SHRIMP, SAUSAGE, 1 EGG W/POTATOES

SNOW BOWL MKT PRICE

1 CLUSTER, 3 JUMBO SHRIMP, SAUSAGE, 1 EGG AND POTATOES

EACH EXTRA CLUSTER MKT PRICE

SIDES 3.00 4.00

COCONUT RICE & PEAS, MAC & CHEESE, VEGETABLE, BBQ BAKED BEANS
SWEET PLANTAIN, RED/BLACK BEANS, WHITE RICE

SOUL IN THE WHOLE
PRE ORDER DAY BEFORE FOR
ALL ENTREE'S ONLY
WINGS, FISH AND SHRIMP MADE
TO ORDER
CALL FOR WING ORDERS OF
50PCS OR MORE FOR SPECIAL
PRICING..

WE DO CATERING FOR ALL OCCASIONS.

EMAIL: SOULINTHEWHOLE@OUTLOOK.COM

PHONE (386)349-0746

FAX # 386-960-0729

MUST HAVE
1000+...